

















## Simulation 1

# Role-play card 3 Aggressive Patient Role Card





















### **Aggressive Patient Role Card**

#### Character:

You are a homeless 25-year- old man, suffering from schizophrenia and hallucinations.

#### Situation:

You have frostbite on your legs and were brought to the A&E. After a blood test, you've become convinced that someone is trying to harm you, that they are stealing your blood. You are now throwing objects, trying to tear down the curtains, yelling about people plotting against you, refusing to cooperate, exhibiting erratic behaviour (e.g., pacing, clutching your head, shouting at imaginary figures).

#### **Key Behaviour:**

Remain agitated and resistant, but avoid escalating beyond verbal aggression and throwing light objects. Respond subtly to empathetic communication to allow the role-play to progress. Respond positively to a suggestion to leave the room.